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Welcome to the College

I am very pleased to offer this note to all prospective students, parents and members of civil society by welcoming at Mid Valley SS/College for the top-notch education in Nepal. With a vision of dream, dedication & discovery for the future backbone of the nation in the field of medical, engineering, business management & law, Mid Valley SS/College has taken a goal to become "An Abode of Self Discovery" in a short span of time. I have seen that the academic and management team of the college are working very hard to make this happen by making use of the advanced technologies and strategies in science, management & law stream and thereby equipping the students to deal with the challenges in life successfully and to prepare them for their prosperous future.

Mid Valley SS/College is established to add a new standard in the teaching learning practices and to cater the global as well as local needs. Among many colleges in the country, this college has been unique with innovative instructional and pedagogical practices in imparting science, management & law education leading to the production of diverse job prospects for the students, such as: being scientists, physicians, biologists, chemists, engineers, CA, managers, bankers, lawyers, entrepreneurs and others. I have noticed that this college has been able to embrace a team of best faculties in the city and other necessary physical facilities that are needed for pedagogical development of the students.

As a SMC Chairman, I would convey all the prospective students, guardians and well-wishers to be assured on achieving a quality education in a perfectly professional environment. I feel that the college is highly committed to unleash potentials for the overall growth of young and inquisitive minds and opening the door for making them successful future professionals and worthy citizens of the country.

Dr. Karan Singh Thagunna

Chairman, School Management Committee



Governing Body

Lotus Nobel Education Pvt Ltd.

Lotus Nobel is promoted by a group of, long experienced academicians and professionals to contribute in the field of education with distinctive identity in Nepal. The team comprises professors and educational experts contributing in diverse sectors at home and abroad. Mid Valley SS/College is undertaken by the company.

The overall management of Mid Valley SS/College is handled by its company board and for this, academic policy and plans are carried out in action under the leadership of the principal supported by other management team members who should be accountable to the board of directors. The Board specifies directions and working guidelines for the organization and monitors the performance of the management team in a regular company monitor -module. The governing body of Mid Valley SS/College, sets periodic targets to be attained in fixed tenures. The management team of the college is responsible for translating all its organizational plans and policies into action for the overall achievement of the targets given. The management team is, therefore taken accountable for effective and efficient operations of the organization.

We firmly believe that our organization is perfectly designed in the collaborative leadership module where every member whether students' bench or professionals' desk is mobilized to exert goal-oriented efforts toward achieving individual as well as institutional objectives. All the goal-oriented individuals from all corners of the country are happily welcomed to join this giant scholarly front for your bright career life in science and technology ahead.

From the side of Governing Body, we assure to avail our program directors, faculty members, staff and students with extensive facilities and resources as essential facets to managing the fundamental aspects of curriculum in combination with extra and out-reach activities and extension programs upon 21st century skills focus.

Mid Valley SS/College family stands for the uniqueness of this institute that envisions not just in academic merit as a way of Mid Vallian life, but in its ability to extend opportunity to every willing and deserving scholar from around the nation. With untiring and restless arm, full of vim and vigor we look forward to welcoming all the propitious individuals to join Mid Valley SS/College where success towards perfection and boundless excellence prevails.



June Shrestha Chairman



Shreebhakta Kachhichhawa Patron



Govinda Ballab Joshi
Director



Kamal Aryal Director



Nilam Kumar Dhungana Director



Rocky Maharjan Director



Mukunda Raj Dhungana Director



Laxman Poudel
Director

Principal's Message

As we step into the promising era of new Nepal, the imperative lies in fostering a robust scientific society—one that ignites innovative ideas, harnesses cutting-edge techniques, and contributes to the holistic development of our nation. Our collective dreams find substance only when our youth actively engage in acquiring knowledge, honing skills, and embracing ideas that empower them to navigate the dynamic challenges of the 21st century.

At Mid Valley SS/College, we recognize the pivotal role of science and technology in shaping our future. Our unwavering commitment is to provide a sound learning platform that not only imparts quality education but also cultivates a passion for scientific inquiry of this era. Realizing the need of indomitable expertise in science and technology, Mid Valley SS/College has been incepted to help young dynamic scholars grab plethora of opportunities in the areas such as group learning, group project, innovations, leadership activities. Not only for building the new pyramids of development but also for enhancing tomorrow's nation builders' invent and live-capability, MVSS has kindled critical and creative thinking activities, project activities, national and international science exhibition programs and many more.

The sound and academically proven pedagogy blended with time-tested teaching-learning technology matched with the applicable objectives of bench mark curriculum for comprehensive education at Mid Valley SS/College convincingly adds up vigor to its highly professional teaching

Mid Valley SS/College has been incepted to help young dynamic scholars grab plethora of opportunities in the areas such as group learning, group project, innovations, and explorative activities, leadership activities, critical and creative thinking activities, project activities, national and international science exhibition programs and many more.

faculties who are appointed from diverse academic and intellectual portfolios of science, management & law streams.

I pledge my sincere commitment to fulfil the dream of young minds and to prepare them in building the society and the nation with ever craved sense of honesty, integrity and ethical decency that an organization must hold in a true sense. I am sure that you will appreciate the dynamic and caring culture and academic benchmarks at Mid Valley SS/College. I warmly welcome you to visit Mid Valley SS/College and take a time to have interaction.

Govinda Ballab Joshi

Founder Principal



Vice Principal Says...

Dear Prospective Students and Parents,

It is with great pleasure we extend a warm welcome to each of you as you consider joining our school community. At Mid Valley SS/College, we believe in nurturing not only academic excellence but also character development, creativity, and resilience.

Our school is more than just a place of learning; it's a vibrant hub where students discover their passions, forge lasting friendships, and grow into responsible global citizens. Our dedicated faculty members are committed to providing a rigorous and engaging teaching learning environment inside and outside of the classrooms. We encourage critical thinking, problem-solving, and a love for lifelong learning.

At Mid Valley SS/College, diversity is celebrated. We embrace students from various backgrounds, cultures, and abilities. Our inclusive ethos ensures that every student feels valued and supported. Beyond academics, we emphasize holistic development. Our co-curricular activities, sports, arts, and community service programs allow students to explore their interests and talents.

We prioritize safety and well-being. Our premises are safe, and our counseling services are available to guide students through any challenges they may face. We believe that education is a collaborative effort. Parents and guardians play a vital role in their child's journey, and we encourage open communication and involvement.

As you explore the possibility of joining our school, know that you'll be part of a close-knit family that values integrity, kindness, and resilience. We look forward to meeting you, answering your questions, and helping you make an informed decision.

Welcome to Mid Valley SS/College, where every student's potential is nurtured, and dreams take flight. As you embark on this educational journey, remember that you're not alone—we're here to guide and support you."

Warm regards,

Mukunda Raj Dhungana

Vice Principal

Our school is more than just a place of learning; it's a vibrant hub where students discover their passions, forge lasting friendships, and grow into responsible global citizens.





About Mid Valley

Established with a sole objective to be 'An Abode of Self Discovery', serving the nation in gaining titanic leap in today's global scenario guided, controlled and mobilized for 21st century relevant science, management and law education, located at the serine atmosphere of the religious place Bhaktapur, Mid Valley SS/ College is the learning home for students to go ahead with new enthusiasm and dauntless spirit to launch the horizon of success.

Mid Valley SS/College strives to be a center of excellence for learning with a rigorous, technology-enhanced, research-driven education in a supportive environment that respects diversity in order to help, meet and surpass learners personal, academic and career goals. Mid Valley is committed to providing quality education and fostering holistic development. It offers a conducive learning environment that encourages intellectual curiosity and critical thinking. MVSS promotes a culture of academic excellence, where students are encouraged to explore beyond textbooks and engage in research, projects, and extracurricular activities.

Mid Valley SS/College is founded by a pool of highly-qualified academicians, professionals and experts who have more than a decade experience in academic field primarily being focused on intellectual development and academic excellence by imparting time-tested best practice, processes and procedures in congenial environment deploying itself for service to humanity. Our dedicated faculty members are experts in their fields. They bring a wealth of knowledge and experience to the classroom, ensuring that students receive top-notch education.

At Mid Valley SS/College, we are offering different courses and degrees under three streams: Science, Management and Law. We take our responsibility to find what is exceptional in students from the very beginning with great seriousness.

The experience that we have prepared for them here gives every student an all-round education built on a foundation of Service, Adventure, Sports, Creative Arts and Academics.

Trust- based staff relation- geared to assist and support academic and co-curricular activities as the core concerns of the college- is prominent working etiquette of Mid Valley SS/College. The perfectly built premises, distinct and pleasing interior ambiances and most attractive in-house facilities amplify the most rewarding learning atmosphere. Mid Valley SS/College has drawn on the essence of sophistication of modernization to serve the professionals of tomorrow in the field of medical science, engineering, information technology, business management & Law.







Key Responsibilities



Santosh Kumar Thakur Academic Director



Pramod PandeyCoordinator Science



Suyog DahalCoordinator Science



Sudan K. Upadhayay Coordinator Management



Rocky Maharjan Counselling Department



Tika PanthiHead, Examination Department



Nilam K. Dhungana Head, Administration



Mahesh Parajuli Head, Operation



Krishna Hari Guragain Dept. Public Relation



Manoj Ranjit ECA Coordinator



Krishana Shah



Hari Govinda Saugachhen Assistant, Exam Department



Nishma Koirala Senior Accountant



Urni Shilakar Librarian



Puja Thapa Front Desk

Philosophy







Vision

Mid Valley SS/College aims to be a leading educational institution that ensures conducive environment to groom and nurture curious minds, to foster creativity, and to prepare individuals to thrive in an ever-changing world.



Mission

Our mission is to provide holistic education that empowers students to become lifelong learners, critical thinkers and compassionate global citizens.



GOAL

Our goal is to achieve academic excellence by implementing rigorous curriculum standards and imparting time-tested and life – centered quality education in congenial environment with the support of a dynamic faculty committed to professional growth and innovative pedagogy.



OBJECTIVES

In an enriched academic environment, Mid Valley SS/College commits:

- a. to increase students' proficiency levels in core subjects;
- b. to construct and disseminate research based knowledge;
- c. to enhance extracurricular programs to promote holistic development, with a focus on leadership, creativity and community service;
- d. to ensure nurturing environment for scientific discoveries and inventions;
- e. to develop a robust professional development program for faculty members to ensure continuous improvement in teaching effectiveness and student engagement; and
- f. to contribute to the welfare and development of society at local, national and global level by ensuring quality education in science, management and law.

STRATEGIES

To achieve its objectives, Mid Valley SS/ College adopts the following dynamics:

- Quality environment as standardized library, sophisticated and well-equipped laboratory, techno-friendly class room, technology-based teaching aids, hygienic and facilitated cafeteria, playground with futsal, cricket practice net, volleyball, basketball and swimming pool;
- Highly qualified and professional faculties having proven track record;
- Equipment supported and technology assisted delivery for classroom and project-based teaching;
- Most relevant vocational and professional courses designed to meet the objectives of foundational science, medical science, electronics technology and engineering courses;
- Quality assignment and scientific tracking system; and
- Eminent grading system based on universally accepted appraisal standards with quality par excellence.



+2 Science Management & Law Program

Mid Valley SS/College +2 Science, Management & Law program is a distinct but core academic program of the entire institution incepted with a tremendous vision to supplement the nation's dire need of proficient, skilled and promising scientific as well as business minds who would be passing the +2 courses be easily taken for admission to advance courses of science and technology and management such as MBBS, B.E, BDS, CA, Lawyer, Judge and more. Mid Valley +2 Science, Management & Law programs are the NEB affiliated Secondary level courses designed with goals; fostering and fore grounding the academic fronts of the nation to buffer for advance leap in science, technology, management & law and keeping pace with the fast-changing pattern of learning for action to cope with the forth coming global challenges as well as needs of the day.

Studying Science, Management & Law broadens understanding of the world in students and allows them to develop accepted scientific, managerial, business, financial & legal knowledge, and give them the skills needed to approach matters in a reasoned and analytical manner. These courses make a positive impact on individual's lives and, in many cases, it saves lives too. Studying Science, Management & Law opens students mind to a wide range ways of thinking e.g., analytical observations, identifying trends and patterns, as well as mathematical computations, in addition to important practical laboratory work. So, to cater this need, Mid Valley SS/College has envisioned a mission; developing a world class educational milieu in the country for new generations.





Science Stream

GRADE XI

Com. English

Com. Nepali

Basic Mathematics

Or Social Studies

Physics

Chemistry

Biology Or Computer Science



Management Stream

GRADE XI

Com. English Com. Nepali

Basic Mathematics Or Social Studies

Accountancy

Optional – 1 (any one)

- a. Economics
- b. Travel & Mountaineering Studies

Optional - 2 (any one)

- a. Business Studies
- b. Computer Science
- c. Business Mathematics
- d. Hotel Management

Law Stream

GRADE XI

English

Social Studies & Life Skill Education

Jurisprudence

Procedural Law

Constitutional Law





Professional Courses @ Mid Valley

Mid Valley SS/College has been recognized for its commitment to providing high-quality education. As technology continues to advance at a rapid pace, it has become increasingly important for educational institutions to evolve their curricula to keep up with these developments. Understanding the significance of this shift, Mid Valley has taken proactive steps to ensure its students are well-prepared for the future. In addition to the national curriculum, the school has introduced supplementary IT courses for students in grades 11 and 12. This initiative is aimed at equipping students with the essential technological skills required in today's fast-changing world.

Courses

- 1. Cyber Security
- 2. Artificial Intelligence and Machine Learning
- 3. Data Science and Analytics
- 4. Cloud Computing

@ Mid Valley SS/College

- Prominent faculty
- Cutting-edge technology
- Student led projects & research
- Entrepreneurship programs
- Life skill training
- Career counselling

- Co-curricular & Extra-curricular activities
- CAE (Cambridge assessment of English)
- Multimedia Classroom & E learning
- Regular field visit & workshops
- Guest lectures
- Educational excursion
- Parents teachers association
- Science and IT Expo
- Meditation and yoga

Teaching Methodologies

Mid Valley SS/College fosters a highly supportive and engaging learning environment that highlights the importance of functional interaction and interconnected learning. Students are actively encouraged to take part in group discussions and analyze case studies. Alongside regular coursework and assignments, they are given ample project work to enhance practical learning. Both individual and group presentations are promoted to build confidence and communication skills.

Our educational approach is rooted in the principle of "PUTTING STUDENTS FIRST," aiming to help students grow beyond textbooks by strengthening their abilities in critical thinking, communication, and problem-solving. Teaching is centered around innovative, student-focused methods.

Beyond the classroom, we organize a variety of enrichment activities such as workshops, seminars, public speaking events, personality and leadership development programs, career counseling, and talks on current and emerging issues. To maintain a positive, nurturing atmosphere and support students' creative development, we regularly facilitate open interactions among teachers, students, management, and parents.



- Lecture method
- Technology-integrated learning
- Experiential learning
- Student-centered learning
- Project based learning
- Inquiry based learning
- Flipped classroom
- Peer teaching
- E- learning
- Seminars & workshops
- Case studies
- Makerspace projects

ECA/CCA @ Mid Valley SS

- Sports: futsal, basketball, swimming, volley ball, cricket, badminton, table tennis, chess
- Club activities
- Debate and quiz competition
- Singing and dance competition
- Art and Craft competition
- Poem and essay writing competition
- Speech competition
- Presentation competition
- Cultural programs
- Awareness programs













































Students Clubs @ Mid Valley

Student clubs play a vital role in shaping a well-rounded school experience by providing a platform for students to explore interests beyond the academic curriculum. These clubs, ranging from arts, sports, debate, and music to technology, entrepreneurship, and social service, help students discover their passions and talents in a supportive and collaborative environment.

The need for student clubs stems from the growing realization that education is not limited to textbooks. Clubs offer a space for experiential learning, where students can develop essential life skills such as leadership, teamwork, time management, and effective communication. Participation in club activities also boosts self-confidence and encourages students to express themselves creatively and intellectually.

Moreover, student clubs foster a sense of community and belonging. They connect like-minded individuals and promote cultural understanding, mutual respect, and social responsibility. Whether it's organizing events, participating in competitions, or contributing to community service, club members learn the value of cooperation and initiative.

Overall, Mid Valley SS/College provides a vibrant selection of student clubs and extracurricular activities that enrich the academic journey and support overall personal growth. These clubs serve as valuable avenues for students to pursue their passions, build leadership abilities, and actively participate in community engagement.

- 1. Sports Club
- 2. Reader's Club
- 3. Social and Cultural Club
- 4. Science, IT & Robotic Club
- 5. Arts and Craft Club
- 6. Mathletes Club

- 7. Literature Club
- 8. Publication Club
- 9. Green Club
- 10. Business Club
- 11. Legal Club

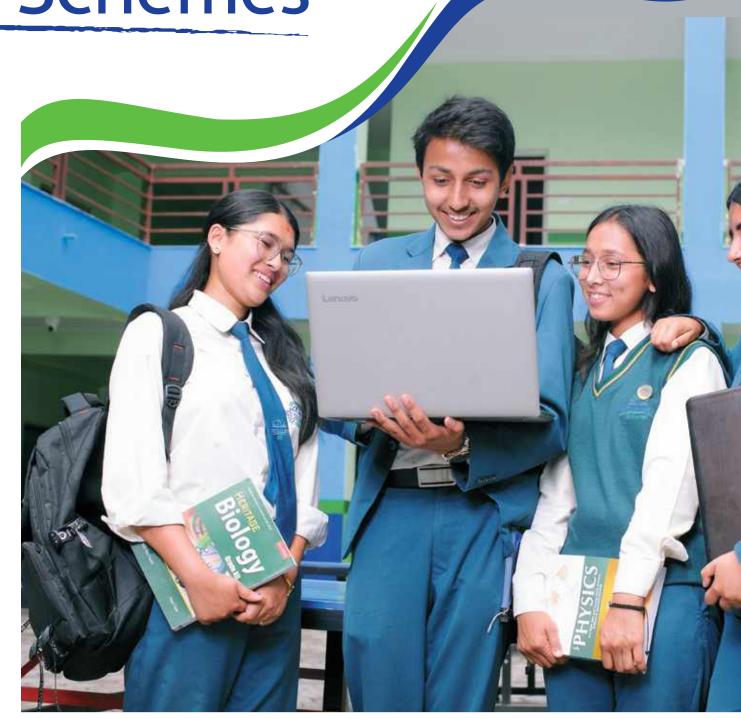




Scholarship Schemes

Mid Valley SS/College provides full and partial scholarships to the deserving and needy students. These are various scholarship schemes for the students depending on different aspects.

- **a) Entrance Based Scholarship:** This scholarship is awarded on the basis of entrance exam result. The topper of entrance exam will get 100% scholarship.
- **b) SEE Merit Scholarship:** This scholarship will be provided on the basis of GPA score in SEE. All the students are likely to get this scholarship according to their GPA score in SEE.
- c) ECA Based Scholarship: This scholarship will be awarded to those students who have excellent track record in school level ECA activities, sports, arts and craft, dancing, singing and such others.
- **d) School Topper Scholarship:** This scholarship will be awarded to those students who have secured highest score from their school and district in SEE.
- **e) Special Scholarship:** This scholarship is awarded to those students who are affected by natural disaster, been raring by a single parent or belong to marginalized group.
- f) Government School Scholarship: This scholarship will be awarded to those students who come from government/ community schools.
- g) Term Examination Topper: This scholarship will be awarded to 1st, 2nd and 3rd position holders in term exams. They will get three-, two- and one-month monthly fee waived respectively.
- h) Board Examination Topper: This scholarship will be awarded to those students who topped the board examination of grade XI. They will get 100% scholarship (except lab and annual fee) in Grade XII.



Facilities - 3



Laboratories

In the realm of education, science laboratories serve as dynamic spaces where students can explore, experiment, and apply theoretical knowledge to real-world scenarios. Mid Valley SS/College has well maintained, spacious and well-equipped Physics, Chemistry and Biology Laboratories with modern apparatus and ample varied specimens to make practical learning result oriented.



Library

A well-equipped school library is more than just a repository of books; it's a knowledge hub that nurtures students' intellectual curiosity, creativity, and overall development. Mid Valley SS/ College library has a spacious, airy, and well-furnished library that is specifically dedicated to providing students, teachers, and staff access to various resources for learning, research, and leisure.



Computer Lab

A well-designed computer lab enhances students' technical skills, fosters creativity, and prepares them for careers in technology. The computer lab of Mid Valley SS/College serves as a dedicated space where students can engage with technology, explore software applications, and deepen their understanding of computer science concepts.



Cafeteria

The college cafeteria aims to provide nutritious, freshly prepared healthy and balanced vegetarian and nonvegetarian meals and snack to students and staff at reasonable prices. The food menu is astutely set for different days across a week. A well-designed cafeteria not only provides meals but also fosters a sense of community and pride among students and staff.







Sports

School sports facilities play a crucial role in promoting physical activity, teamwork, and overall well-being among students. Mid Valley SS/College typically offers a range of sports facilities to cater to different interests and abilities. Mid Valley SS has futsal, basketball, volleyball ground as well as swimming pool which are at the par the standard required in size. The grounds are also availed with TT Boards, Badminton Court and sports venue for indoor games.



Conference Hall

A well-designed conference hall at Mid Valley SS is more than just a physical space; it's a hub for knowledge exchange, collaboration, and community building. Mid Valley SS has a very spacious hall with a capacity of 150 users at a time. The hall is well equipped with essential facilities to support co-curricular activities such as presentation, talk shows, exhibition and such other events.



Transportation

Mid Valley SS deputes a number of student friendly buses. Transportation facility is provided on the need-basis with well-organized bus routes that ensure efficient pick-up and drop-off points for students residing in different neighborhoods.



Content Creation Lab

Mid Valley SS/College has its own content creation lab which is a versatile hub where creativity meets technology to produce engaging and high-quality content for various platforms. It's a space where ideas are transformed into blogs, podcasts, videos, and more. This studio is equipped with the latest software and tools that enable creators/students to record, edit, and publish their work efficiently.



Hotel Management Lab

The Hotel Management Lab is a vital component of practical training for students pursuing hotel management, offering a simulated environment where they can apply theoretical knowledge to real-world scenarios. Equipped with facilities that mimic a functioning hotel—including front office, housekeeping, food and beverage service, and kitchen operations—the lab helps students develop essential skills such as guest handling, reservation management, hospitality etiquette, and teamwork.



Swimming Pool

Mid valley SS/College has its own indoor swimming pool that serves as a multifaceted asset, contributing significantly to students' physical health, mental well-being, safety awareness, and social development. Swimming fosters teamwork, discipline, and resilience. As students engage in group, they learn lessons about competitions, building camaraderie and mutual support.



Hostel

Mid Valley SS has well furnished hostel near by the college premises. College arranges special classes for all the hostel students for extra academic support.



Innovation Centre

An innovation center serves as a dynamic hub where students can explore creativity, critical thinking, and problem-solving through hands-on learning. It fosters a culture of innovation by enabling students to develop real-world solutions. By nurturing curiosity and providing access to advanced technology, the innovation center plays a vital role in preparing students for future challenges and opportunities in a rapidly evolving world.

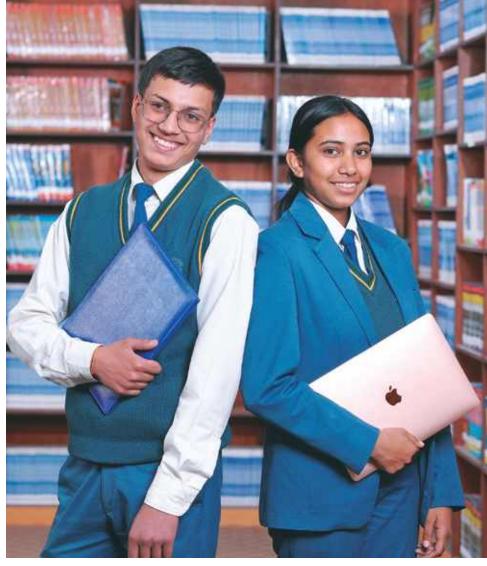


CMIS

A College Management Information System (CMIS) is a comprehensive digital platform designed to streamline and automate the administrative and academic functions of our college. It integrates various modules such as student enrollment, attendance tracking, timetable scheduling, examination processing, and communication channels. By centralizing data, CMIS enhances operational efficiency, reduces manual errors, and facilitates real-time access to information for administrators, faculty, students, and parents.

International Collaboration





Ridge Int. College, Sydney, Australia

Mid Valley has signed a Memorandum of Understanding (MoU) with Ridge International College to strengthen academic collaboration. The agreement focuses on student exchange programs, joint research initiatives, and faculty development opportunities.

Zhejiang Business College, China

Mid Valley has signed an agreement with the Zhejiang Business College, China which will encourage the exchange of faculty and students for joint teaching learning and research program. Admission Procedure

>> ELIGIBILITY

Applicants seeking admission at Mid Valley SS must have SEE or equivalent degree with minimum Grade 'B' for Science and Grade 'C' for Management & Law in aggregate.

>> APPLICATION FORM

Students must submit the application form filling all the necessary information demanded with supporting documents by the given deadline.

>> ENTRANCE TEST

Entrance test is mandatory. Applicants must appear in entrance test scheduled by Mid Valley SS to get admission. The test covers objective questions from Physics, Chemistry, Biology, Mathematics and English for Science stream and English, Mathematics, Nepali and General Knowledge for Management & Law stream.

>> RESULT OF ENTRANCE TEST

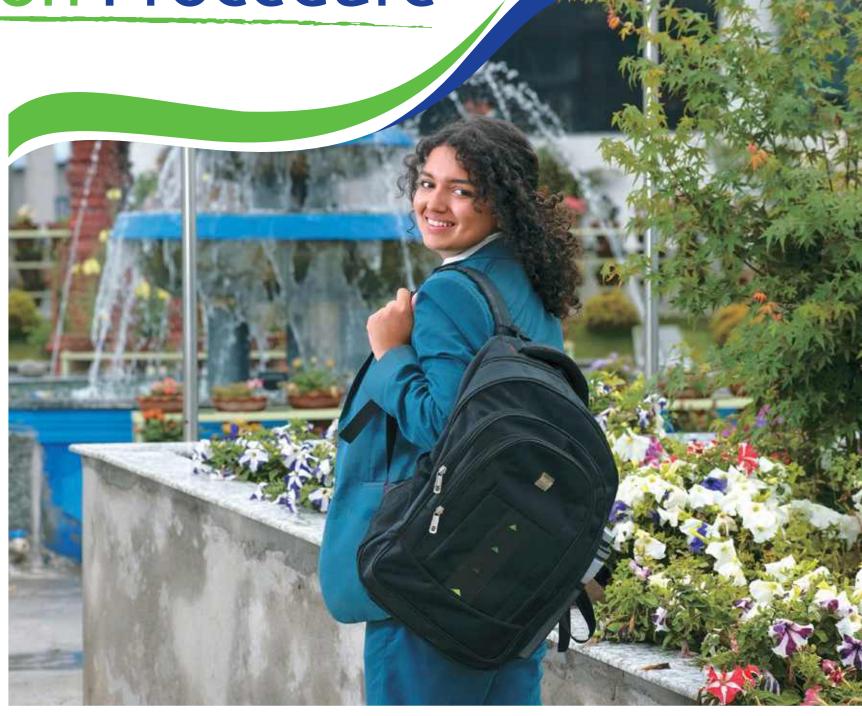
The result of entrance test will be published on the merit basis.

>> INTERVIEW/COUNSELLING

The successful candidates will be called for an interview and proper counselling will be done in the presence of parents/guardians.

>> ENROLLMENT

The successful candidates shall be enrolled as a bonafide student of Mid Valley SS.







Faculty

ENGLISH

Nilam Kumar Dhungana- M. Phil Mukunda Raj Dhungana Sudan Dhodari Ramesh Adhikari

NEPALI

Krishna Hari Guragain Mahesh Karki, (PhD Scholar) Madhav Bhusal

SOCIAL STUDIES AND LIFE SKILL

Kamal Aryal

PHYSICS

Ram Chandra Paudel Ramesh Kumar Silwal Kishan Kapri Rupesh Dahal

CHEMISTRY

Santosh Kumar Thakur Yogendra Kuikel Triyogi Chaudhary Manisha Dahal

MATHEMATICS

Tika Ram Panthi Suyog Dahal Bishnu Bhusal Salikram Timalsina Tej Shrestha Hari Gelal

BIOLOGY

Govinda Ballav Joshi Pramod Pandey Aliza Mahat Keshav Prasai Bhawani Bhandari

COMPUTER

Jivan Khadka Rajaram Thapa Shyam Adhikari

ECONOMICS

Asmita Shrestha Junita Koju Nirmal Ghimire Gayatra Poudel Mani Thagunna

ACCOUNTANCY

Tejendra Khadka Sushil Ghimire Mahesh Parajuli Mukunda Bhattarai Narayan Neupane

HOTEL MANAGEMENT

Prabesh Pandey Subodh Budhathoki

TRAVEL AND TOURISM

Krispa Gwachha Purushottam Neupane

BUSINESS STUDIES

Madhuram Neupane Richa Mishra

LAW

Laxmi Nani Thapa Ghanashyam Silwal Manish Pandey

PSYCHOLOGIST

Rocky Maharjan (PhD Scholar)

ECA COORDINATOR

Manoj Ranjit

PHYSIOTHERAPIST

Dr. Suraj Bhusal

COMMUNITY OUTREACH

Dipak Bastola Mahesh Parajuli

Student's Voice



I feel truly lucky to be a part of the Mid Valley community. I chose this college because it values each student's unique talents and passions, and actively supports their growth. The instructors explain concepts with great clarity, making learning both engaging and effective. Mid Valley is dedicated to equipping students with the knowledge and skills needed to thrive in today's fast-changing world. With a wide variety of student clubs, the college offers plenty of opportunities to build leadership skills, form meaningful connections, and feel a strong sense of community. Focused on the overall development of its students, Mid Valley encourages us to pursue our interests through a range of extracurricular activities. Choose Mid Valley and begin an inspiring journey of academic achievement and personal transformation.

Anukaran Gaire XI Science



Unleash your potential, ignite your passion and soar to new heights. I always wanted my learning experience to become an inspiring journey and I found that at Mid Valley, where academic excellence met personal growth. The vibrant atmosphere here is contagious, with a perfect blend of academic rigor and real-world exposure. The faculty is incredibly supportive, always encouraging us to think critically and creatively. It's a place where learning never feels like a chore, but an exciting journey toward success. From rigorous course work to extracurricular activities, those are opportunities for personal growth and leadership development. I can confidently say that our college is a dynamic and inclusive learning community where I found a sense of belonging. I truely feel Mid Valley is an abode of self discovery.

Aakriti Tamang XI Science



The very fact that I'm sitting here expressing myself through writing is a true reflection of the impact Mid Valley College has had on me. This past year of studying and living here has been both enriching and fulfilling. I'm genuinely glad I chose to become a part of Mid Valley. It's been a fantastic journey. The college provides top-notch education, supportive faculty, and academics, the extracurricular activities have helped me grow as a leader and a communicator. There's a warm and inviting atmosphere that quietly equips us for the challenges of the real world. I truly feel lucky to be part of this community. Every expectation I had has been met. I came here full of dreams, and now I leave with a stronger sense of self and a clearer path ahead. And most importantly—thank you, Mid Valley, from the bottom of my heart!

Diksha Dahal XI Management



"It's not about where you start—it's about where you're headed." Mid Valley offers the foundation, confidence, and quality education you need to chase your dreams, along with a wide range of sports and activities to keep you motivated and focused on your path ahead. The dedicated and highly qualified teachers give their all to bring the college's motto—"An Abode of Self Discovery"—to life, all within a calm and nurturing environment. The encouragement from the administration and the way every staff member inspires students to push their limits helps keep the drive for excellence alive. I'm genuinely happy and content with my choice to pursue higher education at Mid Valley after SEE. To any student searching for the right college—become part of the Mid Valley family.

Anoj Baraili XI Management



